MAGAZINE FEATURES

THE NEWS SCIMITAR

DAILY HOME HELPS

Daily Recipes

Meat Casserole.

One pound hamburg or other ground meat, one cup rice, one onion, one green pepper, one cup tomato; sait. pepper. Cook well in boiling salted

French Rarebit,

Fill a baking dish with alternate layers of bread that has been sliced, spread with butter and cut into small squares, add cheese either grated or ground. Moisten this theroughly with a mixture inde in the following proportions: One cup milk, one egg, sait, cayenne pepper and mustard. Bake until thoroughly heated, through and browned on top.

"What's that for?" asked Nurse Jane. Surprised like. That, 's aid Uncle Wiggily, 'is to show how giad I am that I can do something for the war, even if it's only to save a little sugar. After this, Nurse Jane, only give me half a level spoonful in the solder."

Then Mr. Longears finished his breakfast and went out in the woods to look for an adventure, as he always did. He had not gone very far before

VNCLE WIGGILY

green pepper, one cup tomato, sait, pepper, Cook well in boiling saited water 120 minutes, drain in colander, reserve rice water, add seasoning and onlon, cut fine, to the meats into an ciled casserole put half of the meat, add all of the rice, the pepper cut fine and the formato. Add the rest of time and the formaton and the formaton and the formaton and the formaton and to time the formaton and the formaton and

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WHEN YOUR KIDNEYS FEEL

When you wake up with backsche and did mixery in the kidney region it generally means you have been cating too much meat, says a well-knewn authority. Meat forms uric acid which overworks the kidneys in their effort to fill-before breakfast for a few days and your kidneys will then act fine. This count of paralyzed and loggy. When your kidneys will then act fine. This includes them, like you relieve your bowlets removing all the body's urinous cast should be a standard from the acid of the kidneys get sluggish and clog you must be seen used for generally and has been raste else you have backache, sick headache, dizzy spells; your stomach sours, tongue is coated, and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment, chainness often get sore, water jure and makes a delightful, efferscalds and you are obliged to seek re-

"Ye-e-s," assented his friend.
"Well, anyway, he has a mighty good head."
"It ought be good." was the reply.
"That man's head is brand new—he's never used it any."

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No. 100 Mar. Wibblewobble, the duck lady, She looked very sad.

What is the matter? asked Uncle Stupendous Amount of Material Is Rescued From Debris After Army Has Fight Or Moves to Other Points.

AMERICAN SUPPLY HEADQUAR-FRS TOURS, France Oct 25 (Cor-spondence of the Associated Press) we carloads of hair brushes abandoned American soldiers in camps were

to the series of the Associates I trees. I the pink toose like a strawberry shortcake in the pink toose were the fields and through the woods went the bunny uncle gentleman dog, when all of a sudden, as he passed near a hollow log on the ground. Uncle Wiggily heard a voice saying.

"That's what we will." said sooms one exist." All the sogar we want to eat, and a little roast duck, too! this is our lucky day? I went around to eat, and a little roast duck, too! this is our lucky day? I went around to eat, and a little forcers grower grower, and I bought all to the process of the pink the little duck girl, when no one was looking, and now—oh, what a fine meat well have?

"And as sweet as we like, too!" said the wingst, "I wonder who these folks to wingst," I wonder who these folks to wingst," I wonder who these folks to wingst," I wonder who these folks to wingst, "I wonder who these folks to wingst," I wonder who these folks to wingst," I wonder who these folks to wingst, "I wonder who these folks to wingst," I wonder who these folks to the shirt of gathering broken in a chair."

"Oh, my." thought the bunny uncle gentleman, "No wonder such amount of the track of the contest, and to send the saw two great big fat pigs, and in wonder such amount of the track of the contest, and to send the saw two great big fat pigs, and in said to the shirt of the hollow log and hold them about the bad pigs, with a policeman dog, and told them about the bad pigs, with a policeman dog, and told them about the bad pigs, with a policeman dog, and told them about the bad pigs, with a policeman dog, and told them about the bad pigs, with a policeman dog, and told the manual policeman dog, and told them about the bad pigs, with a policeman dog, and told them about the bad pigs, with the policeman dogs. "We can save little quick (quack." And it has a police

PUTTING HIM WISE.

PUTTING HIM WISE.

The you like Omar Khayyam' thoughtlessly asked the host who was sentertaining two brothers. The elder brother plunged heiolcally into the breach. "Pretty well," he said, "but I prefer Chianti." Nothing more was said about it until the brothers were on their way home. "Bill," said the younger brother, breaking a paintil silence, "why can't you leave things that you don't understand to me? Omar Khayyam ain't a wine, you chump, it's a cheese."

NOT RUSTY.

Turing his vacation a lawyer met an old friend in the village and their conversation drifted to a discussion of the natives. A young farmer came under their view.

"He's a fine looking young fellow," said the lawyer.

"Ye-e-g," assented his friend.

"We'l, anyway, he has a mighty good where the roar of all the work in the roar of all the salvering was helves, and as many more of all the salvering was many more of all the salvage processes. Thera were some 200,000 blouses on these towering shelves, and as many more of all the salvage processes. Thera were some 200,000 blouses on these towering shelves, and as many more of all the salvage processes. Thera were some 200,000 blouses on these towering shelves, and as many more of all the salvage processes.

Three Classes.

Class A-Garments in good order, tractically the same as new, to be sent sack to be front as part of the supply for fighting troops.

Class ... Garments partly worn out but fully repaired, to be sent to the base ports on the coast for labor troops and

evedores. Class C.-Garments much worn, bu fair state of preservation, to be to prison camps for Garman pris-This was significant of what the Ger-

This was significant of what the German prisoners were getting; not the best, to be sure, and not the same goods as our own men, but worn goods in a fair state of preservation. It seemed to be an answer to the outcry that the German prisoners were getting the same as our men.
One rould follow the stages of the huge stacks of hobnail army shoes from the time they arrived, covered with the mud and grime of the trenches and the battlefield. through process after process of disinfection, cleaning, repairing, grading, until they finally emerged in stocks of substantial footwear. Like the garments, these were classed to go back to the fighting troops, or to the sevenderes, or to the German prisoners. It was the same with the infinite variety of army equipment going through the salvage process, rubber boots and articles, shelter tents, harness for artiflery, saddless bridles, strirups. All of it was on a prodigious scale, 50,000 garments a day at the army price of \$2.55 a pair. The salvage of all kinds of rubber articles was 99 per cent, or almost a complete saving of everything received. More than a million dellars worth of clothing was saved in one month, and the magnitude of the work as a whole can be judged from these figures of the output. Shoes, \$325,120; clothing, \$1,500.

There are some curious things gath.

There are some curious things gathered in in this litter of the camps and battlefields; for example, three fireless cookers. Euough books and magazines are left behind to stock several fibraries. Pictures and knicknacks with which the tents are decorated before the rush comes, are shandoned. Family is pictures and knicknacks with which the tents are decorated before the rush comes, are shandoned. Family is pictures and belongings of a personal character are carefully preserved in little bazs to be returned to their owner or his family if that is possible.

Besides restoring articles for use, except scrap of wool cloth, leather, metal, hathands, is saved to be turned into some other form of useful article, or is sold. The sale of link, the cans and scraps last months netted 18,400 francs.

The women workers are chiefly Prench and Belgian, many of them refugees from the invaded districts, so that the work has this further useful end for some 4,000 women. They get from 6 to 7 francs a day, working from 1:30 to 8. The wages paid last month were 711,400 francs. But all the cost of wages and new material was less than 10 per cent of the value of the articles produced for army uses, totaling \$2,500,000 for conth—a tribute to the ingenuity which has produced this unique establishment of war economy.

THIRTEEN TUGS WILL BE ADDED TO NAVY

GREEN BAY, Wis Oct 25.—Thirteen tugs, eight of steel and five of wood, to be delivered to the government soon after the quening of navigation in 1919, will be built in Green Bay by the Northwest Engineering works. The first launching of an ocean-going tug here took place on Aug. 15. The boat was gompletely equipped to do towing and lightering on the other side of the Atlantic. No sooner had the tug left its berth than another keel was laid.

HOROSCOPE You Read About

250 SOLDIER-FARMERS

AID CORN HARVESTING

A Line On Men

PLENTY OF UNDERWEAR.

PLENTY OF UNDERWERK.

BATTLE CREEK, Mich. Oct 25—
Although there is no order against it.
It is declared unnecessary for the new
men coming to Camp Custer to bring
with them extra supplies of heavy itiderwear and socks. Sufficient clothing
of all grades is issued the men.
Much of the discarded civilian clothing is given by the men, as soon as
they receive their equipment of uniforms, for shipment to the Red Cross
depots in Belgium and France CENSORED.

"Where do you come from in the states" inquired the Y. M. C. A worker of an American darkey.
"You'll have to pardon me sah, but the cantain tells me not to divide no valuable military information."

ALASKANS REPORT

FOR U. S. SERVICE SUNSKY Alaska, 641 S. Dustr

SUICIDES IN ENGLAND

ARE REDUCED BY WAR

was 1.7 in the ten years ending 1916, 10) to 1914 and 105 in 1915. In 1916 it was a first higher, 111. The rate of suicide among women

"I have been taking Dr. Caldwell's Syrup Pepsin for constitution and find it a splendid remedy. I recommend it to my friends and will never be without it in my home." (From a letter to Dr. Caldwell written by Mrs. James Dills, Schenly, Pa.)

A combination of simple laxative herbs with pepsin, free from opiates and narcotic drugs, pleasant to the taste, and gentle, yet positive, in its action, Dr. Caldwell's Syrup Pensin is the recognized remedy for constipation in countless homes.

DR. CALDWELL'S

The Perfect Laxative

Sold by Druggists Everywhere 50 cts. (Ter.) \$1.00

A TRIAL BOTTLE CAN BE OBTAINED. FREE OF CHARGE, BY WRITING TO DR. W. B. CALDWELL, 459 WASHINGTON STREET, MONTICELLO, ILLINOIS

How Germany Went Down To Crushing Defeat

Stirring events in the great world war have followed one upon the other with such bewildering swiftness recently that the various changes leading up to the present situation are not clear in the public mind.

The leading article in THE LITERARY DIGEST this week-October 26thclarifies the war news so as to give the reader a grasp of the entire subject. That "only military reasons" could have compelled the groveling Teuton pleas for peace was clear enough even if a leading German newspaper had not made the confession. "Only military reasons" in the shape of Allied victories from "Dixmude to Damascus" accounted for the reported revival of gaiety in Paris, while neutral observers told how in Berlin "everybody wants to group together just as before great disasters."

This article treats every angle of the war and will be read with enthusiasm by the American public. It is illustrated by a large full-page colored Map with a complete index.

Other articles of special importance in the Oct. 26th "Digest" are:

Passing Sentence on the Kaiser and His People

A Review by the American and European Press of Germany's Pleas for Peace

More U-Boat Savagery France's Storied Fields

(Prepared by the U.S. Bureau of Education) Germany's Colonial Crimes Europe Admiring Yankee Teeth Seeing Through Brick Walls How Museums Help Win the War Are Your Phonograph Records Slacking? Prince Max's Applied Christianity News of Finance and Commerce

War and the New Congress The Voice of British Labor Through Rapine to Peace Foch as the Huns See Him Peach Stones for Gas-Masks Ironing Out Iron

Literary Prophets Who Foresaw Our Day A French Leader for the Boston Symphony Are We Growing Profane? Best of the Current Poetry

Many Fine Illustrations, Including Maps, Cartoons, Etc.

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demand. Readers of THE LITERARY DIGEST should place an order with their news-dealers if they would be sure of getting it regularly. When you buy this week's number, tell the news-dealer to save next week's number for you, or, better yet, several future numbers. This is the only way to insure your receiving "The Digest" regularly from the

October 26th Number on Sale To-day—All News-dealers—10 Cents

FUNK & WAGNALLS COMPANY (Publishers of the Famous NEW Standard Dictionary), NEW YORK



At Its Best When You Need It Most THIS is the banner Troco season, the time when we need I it most. When melted Troco adds the crowning flavor to that bowl of fresh popped corn. When it is necessary to the enjoyment of our favorite winter foods. No need for economy - Troco is Buy It and Try It so moderately priced that all may enjoy it freely. Make those griddle One trial of Troco will decide cakes, bake those light biscuits, and the question of quality. You will the brown waffles that are winter's agree that it cannot be surpassed by any product, regardless of food delights prestige -Make them with Troco and serve them with Troco, spread on with The modest price saves you 15 to 20 cents on every pound you buy. It will be more as the season Made By a Special Process advances. But - ask for Troco by name -Troco is made from dainty white not for just "nut margarine." coconut fat and pasteurized milk You want the quality of ingreby a special procers which achieves dient and flavor found only in the flavor only found in the finest Constant shipments and steady A capsule of vegetable coloring Oliver-Finnie Company Tennessee Street and Vance Avenue CUMBERLAND MAIN 263 NEW PHONE 142

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